



# MUAZZIN



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## **Make Dua'e Maghfirat:**

- Br. Mushir Siddiqi's uncle (mamoo) Shameem Ahmad Siddiqi passed away in Long Island, New York. Inna Lillahi Wa Inna Ilaihi Rajioon. May Allah (SWT) grant him Jannah and give patience to the family members to cope with this huge loss. Aameen
- Br. Mushir Siddiqi's uncle (mamoo) passed away in India. Inna Lillahi Wa Inna Ilaihi Rajioon. May Allah (SWT) grant him Jannah and give patience to the family members to cope with this huge loss. Aameen

## **Excerpt from Monthly Bayan:**

The bayan was given by Mufti Idrees about the spiritual health of ourselves and how we should strive for its well-being. Allah (SWT) has created us all and given our existence two parts. One part is physical, that is our body, and the other is spiritual, that is called Rooh. Both parts need nourishment for their existence. Even those who deny any relation to religion, also believe that there is another part of our existence, but they name it differently, like psychology and metaphysical.

If we do not eat properly or eat bad things we get sick. Similarly if we commit sins, they will destroy the health of our rooh. For eg., one feels guilty after committing a sin. Just like the physical body, our rooh also has a center which is called "qulb". If we commit sins, a black spot appears on it, but making tawbah makes it disappear. Food for the qulb is remembrance of Allah (SWT). Once prophet Muhammad (SAW) said that one who remembers Allah and one who doesn't is just like comparing a live person with a dead one. There is limit on the food one can take, but there is no limit for spiritual food.

Unfortunately, many of us don't care about our spiritual health and just strive for worldly benefits. Allah (SWT) has described the benefits of his remembrance at many places in the Quran, even by taking oath. Prophet Muhammad (SAW) said, "if people of Allah swear on something by Allah, Allah makes that happen". In other words, swearing is a serious matter. Allah (SWT) says, on the day of judgment, no wealth and children will give you benefit. The only thing which is going to help us is our connection with Allah (SWT). One has to purify himself and also help others make connections with Allah (SWT).

He further described the diseases of the qulb, which are far more destructive and impure than physical diseases. These are pride, jealousy, hatred, love for fame and wealth. Hasad (jealousy) is very destructive for oneself and for the society. Hasad is when you see a blessing in others you, want to have it for yourself, but also want the others to lose it. The Jews were jealous that Prophet Muhammad (SAW) was not among their people, though they believed in Allah. Similarly, Iblees due to jealousy disobeyed Allah and lost his status.

He also explained the causes of Hasad. One of them is a lot of love for this world, fame and wealth. It makes us so blind that we go far enough to hurt others. A Haasid never stays happy and lives in the shadow of others. Prophet Muhammad (SAW) said, hasad is like fire. Hassad destroys good deeds like fire destroys everything. The other cause of hasad is hatred. We should never hate a person, but his sins. He also explained its cures, which includes reflecting on ourselves and looking inside of us. If we are not capable of finding our own faults, we can consult an Alim and seek help. We should forgive one another so Allah (SWT) will forgive us.

He concluded by saying that we should stay away from hatred and love for worldly things. We should ponder and reflect on ourselves and make Dua from Allah (SWT) that he leads us to the right path.

## **Announcements:**

- In Shaa Allah, the monthly program will be on Saturday, December 15<sup>th</sup> 2018, after Salat ul Isha. All community members are encouraged to attend with their families. Food will be served one dish style.
- The ICH Committee Elections will be held on January 26<sup>th</sup> 2019, after Salat ul Isha.
- The membership for ICH has been closed until further notice.

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**PLEASE MAKE DUA THAT ALLAH INCREASE EVERY MUSLIM'S IMAN AND YAQeen, AMEEN SUMMA-AMEEN**